



Hello,

It is our pleasure to introduce you to Healthy Campus Alberta. Healthy Campus Alberta is a community of practice that serves to partner with campuses and stakeholders interested in post-secondary mental health and addiction from across the province.

Our collective vision is to *“educate, collaborate, and advocate; transforming culture and creating caring campus communities throughout the province of Alberta.”* We are committed to achieving this through **accessible** and **sustainable** program ideas; **sharing best practices** and research; and fostering a culture of **support** and **compassion** for all post-secondary institutions across Alberta, all while recognizing their unique needs for success.

We have prepared a package of materials as well as several online introduction resources for campus representatives. To access these online resources or to order print pieces, please visit www.healthycampusalberta.ca and click “Browse Resources.” It is our pleasure to partner with you to reach your campus community!

We encourage you to join the conversation and be informed of all that is going on in post-secondary mental health and addiction in our province. Explore our website to learn more about our learning agenda, who we are, and to join the HCA Community Hub. Here, you can connect with other members of the Community of Practice, ask questions, and access resources. You can also contact Melodie Esau or me at hcaadmin@cmha.ab.ca to discuss how Healthy Campus Alberta can connect you and your campus with others from across the province who are passionate about achieving positive mental health for all in our post-secondary campus communities.

We look forward to taking this journey with you!

Sincerely,

A handwritten signature in blue ink, appearing to read "Danielle Stewart-Smith".

Danielle Stewart-Smith
Healthy Campus Alberta Coordinator
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