



HEALTHY CAMPUS ALBERTA

www.healthycampusalberta.ca



Our Vision

To **educate, collaborate** and **advocate** to transform culture and create caring campus communities throughout the province of Alberta.

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Our Mission

The Healthy Campus Alberta Community strives to create an **inclusive, collaborative,** and **integrated** approach to mental health and wellness.

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How?

Through **accessible** and **sustainable** program ideas; **sharing best practices** and research; and **fostering a culture of support and compassion** for all post-secondary institutions across Alberta, all while recognizing their unique needs for success.

What role does HCA play?



- **Engage** with campuses to understand their unique needs
- **Build relationships** and foster connections between campus and community partners
- **Create spaces** for conversations that matter!
- **Advocate** for equity through transparency of information and sharing of knowledge

Who does HCA partner with?



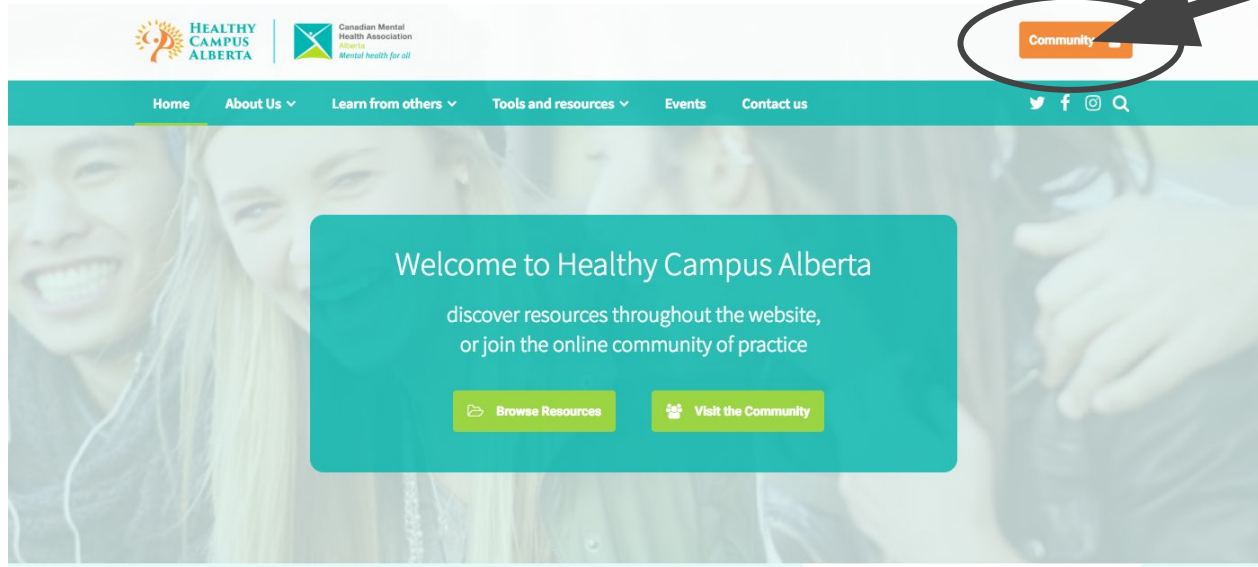
- **Students** and **Staff** on campuses across the province
- **Faculty** and **Administrators** on Alberta campuses
- **Community Partners**
- The **Alberta Government**

How can you get involved?



- **Invite HCA** to your campus
- **Attend** summits, events, and webinars
- **Connect** with the community through the HCA website
- **Join** our mailing list for updates and our newsletter
- **Explore** further opportunities to contribute by contacting us

Take the first step: Join the conversation!



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