

# HCA 2018 Connections Summit Agenda

<p><b>8 am</b> Maple Leaf Room</p>	<p><b>Registration and Breakfast</b></p>
<p><b>8:45 am</b> Maple Leaf Room</p>	<p>Greetings &amp; Acknowledgements Healthy Campus Alberta Update</p>
<p><b>9:15 am</b> Maple Leaf Room</p>	<p><b>Keynote:</b> Gabrielle Scrimshaw</p> <p>Gabrielle is an Indigenous professional with a passion for creating social impact. She has an MBA from Stanford and is a Gleitsman Fellow at Harvard University. A regular contributor for Canada's largest national media outlets, Gabrielle has been profiled by the New York Times, Forbes, Globe &amp; Mail, among others. In this inspirational session, Gabrielle will discuss her story of reconciliation through education, and how cultural resilience helped her go from a small Saskatchewan town to becoming a first-generation University grad and social entrepreneur.</p>
<p><b>10:15 am</b> Maple Leaf Room</p>	<p><b>Break / Sticker Activity</b></p>
<p><b>10:35 am</b> Maple Leaf Room</p>	<p><b>Student Voice and Journey: Panel Discussion</b> Join our student panel as they share about their journey with mental health and lead us in discussion of practical steps to honour and incorporate the student voice.</p>
<p><b>11:50 am</b> Maple Leaf Room</p>	<p><b>Lunch</b> <b>Mindfulness Moment</b></p>
<p><b>12:50 pm</b> Maple Leaf Room</p>	<p><b>Open Spaces Discussion</b> Join a table discussion around a topic that most resonates with you and your campus. Together, we can share best practices, create solutions, and equip our communities to thrive.</p>
<p><b>2:00 pm</b></p> <p>Prairie Room</p> <p>Glacier Room</p> <p>Aurora Room</p>	<p><b>Breakout Sessions</b></p> <p><b>Developing a Peer Support Program:</b> Explore how to create the right program for your campus from diverse approaches and campus models with presenters from SAIT, University of Alberta, Concordia University of Edmonton and MacEwan University.</p> <p><b>Supportive Environments and Mental Health: Is Your Campus a Bronze, Silver, Gold or Platinum?</b> Join Northern Lakes College as we explore the possibilities of a certification program that will reward the efforts and initiatives of students in promoting and improving wellness in their home environments, campuses and/or communities. We have adapted the program for on-line students – find out how you can too! This session will include break-out working groups.</p> <p><b>Spirituality and Mental Health: Creating an Inclusive Campus</b> This session will focus on how supporting religious and spiritual inclusion on campus helps promote positive mental health. Participants will learn about what religious inclusion means, explore legal requirements and relevant scholarship. Following this we will walk through an activity modeling what religious inclusion can look like on your campus. Participants will gain tips and tools for implementing these practices on their own campuses. Presenter: Adriana Tulissi</p>

**3:00 pm**  
Maple Leaf Room

**Break / Sticker Activity**

**3:20 pm**

**Breakout Sessions**

**Student-led Initiative**

Join us as we celebrate and consider ways to support student led initiatives.

*Diversity in Engineering (DivE.)*, University of Alberta  
Presenters: Meghana Valupadas and Nicole Hartley

*Jack.org*

Presenter: Radha Saikia, President of the [jack.org](http://jack.org) UAlberta Chapter

**Celebrating Campus Approaches - Think Big: Systems Approaches on Campus**

*Faculty of Engineering Wellness Program*, University of Alberta  
Presenter: Kimberly Shelley, Director of Wellness for the Faculty of Engineering

*The Equity Project - Elevating Human Rights, Diversity and Inclusion at MacEwan University*

Presenter: Irfan Chaudhry, Director, Office of Human Rights, Diversity and Equity

**Celebrating Campus Approaches - Changing My Mind: Tackling Difficult Subjects**

*Tough Enough to Talk About It*, NAIT

Presenter: Don Boomer, Associate Dean of Administration

*But We Don't Have That Here: Simple solutions to fill mental health service gaps in rural settings*, Medicine Hat College

Presenter: Tobi Ceh, Manager, Mental Health and Counselling

**4:20 pm - 4:45 pm**  
Maple Leaf Room

Share key learnings and Close Summit  
Evaluations