

HCA 2018 Wellness Summit

MacEwan Ballroom, University of Calgary: June 11-12, 2018

Day One	
8-8:45am	Continental Breakfast, MacEwan Ballroom
8:45am	Welcome & Acknowledgements Indigenous Greeting & Prayer Greetings from Alberta Government
9-9:30am	HCA Update
9:30-10am	Lived Experience – “ Committing ” Stardale Women’s Group
10-10:30am	Set the Stage: Beverly Wegner-Trayner
10:30-10:45am	Coffee Break / Mindfulness Moment
10:45am – 12pm	Main Speaker Session: Beverly Wegner-Trayner
12-1pm	Buffet Lunch, MacEwan Ballroom Art Room with Dick Aaverns Lived Experience (10 minutes)
1-2pm	Secondary Panel
2-2:15pm	Coffee Break
2:15-3:30pm	Concurrent Sessions <ul style="list-style-type: none"> Breakout Room 1 – Strategies for Community Collaboration, A Model of Success in Halifax with guest Deborah Phillips, Coordinator for the Stay Connected Mental Health Project Breakout Room 2 – Secondary Transitions with guests Alberta Health Services, Lori Roe, Manager for School Based Mental Health and Andrew Baxter, Mental Health Literacy Project Coordinator

	<ul style="list-style-type: none"> • Art Room open as alternative
3:30-4pm	Share & Celebrate facilitated by Beverly Wegner-Trayner and Danielle Stewart-Smith
4-7pm	Student Led Reception (RSVP Required)
Day Two	
8-8:45am	Continental Breakfast, MacEwan Ballroom
8:45-9am	Welcome & Acknowledgement
9-9:45am	Lived Experience – Stand Up for Mental Health , David Granirer
9:45-10am	Coffee Break
10-11:15am	<p>Deep Dive Sessions, choose one to attend:</p> <p style="text-align: center;">OPTION 1 – To Share or Not To Share Understanding the complexities of sharing information to create smooth transitions. Rachel Hayward from the Office of the Information and Privacy Commissioner</p> <p style="text-align: center;">OPTION 2 – Play it Out Come and develop solutions to student transitions using the legacy tools with Sharon Mathias.</p> <p style="text-align: center;">OPTION 3 – Making it Count Metrics and reporting. RSVP Only</p> <p style="text-align: center;">OPTION 4 – Stand Up For Mental Health Workshop (David Granirer) Join David for an opportunity to better understand the work of Stand Up for Mental Health</p>
11:30am – 12pm	Share Key Learnings and Close Summit