

Healthy Campus Alberta



presents

Mission Possible: Celebrating Alberta Campuses

Agenda

6:00 pm

Greetings & Acknowledgements
Healthy Campus Alberta Update

6:15 pm

Keynote: David Grauwiler
Executive Director of Canadian Mental Health Association, Alberta Division

6:30 pm

Dinner Buffet

7:00 pm

The Power of Sharing Knowledge: Learning from Our Indigenous Leaders

Old Sun Community College

Building strong networks and collaborating closer with our First Nations communities will help in combating the myriad of social issues that their students face each day. By working together and learning from one another in a positive respectful manner we will help to ensure that more First Nations students succeed in their lifelong learning journey. With the ultimate goal of achieving mutual understanding and respect for one another, we must continue to learn the history and way of life of our First Nations communities.

7:15 pm

Utilizing the Student Voice through Technology: A Catalyst for a Campus Wide Approach

Lethbridge College

When looking at the challenge of communicating to our students regarding important topics like mental health an amazing partnership was struck between the Digital Communications & Media Program, the Mental Health Team and Health Promotion. This partnership allowed for students to develop organic messaging to the college community on monthly themes such as; healthy relationships, resilience, suicide, etc. Not only has this partnership allowed for increased communication regarding the monthly health and wellness themes, it has also increased student engagement with on and off campus supports and resources.

7:30 pm

Building Resiliency with Distance Students

Northern Lakes College

With a significant number of our students on-line, rural and remote, opportunities for engagement through web-based systems, on-site initiatives, and interactions through student led projects provides a means for them to develop resiliency through their life transitions. But, we cannot do this without our local partners. Find out more about our community focused Wellness Passport, Healthy Campus Certification, and Community Education Councils.

7:45 pm

Dessert & Table Conversations

8:15 pm

Sharing and Close Evening
Evaluations

Keynote



David Grauwiler is a key leader in the promotion of mental health in Alberta. David grew up in Canada's north and studied theology and counselling during his early academic years. After 16 years of focused denominational work and five years in the publishing industry David moved his energy and insight to the not-for-profit sector. David is a catalyst for connection between CMHA, the provincial government, non-government organizations and agencies. The work of the provincial office is to demonstrate the collective provincial impact of CMHA and identify province wide opportunities and initiatives which build the potential for the improved mental health of all Albertans. As a member of the CMHA national leadership team David is part of a nationwide federation of CMHA divisions, regions and branches.

Reflection

Ideas I liked?

How could this work on my campus?

"The greatness of a community is most accurately measured by the compassionate actions of its members."

Corretta Scott King

Thank you for all you do to create caring campus communities!

Watch for news about our next in person opportunity held in the Fall 2019!