



Complex Collaboration

Toolkit

Introduction

About the Tools and Toolkits

These tools and toolkits are hosted by **Healthy Campus Alberta**, a provincial community of practice committed to cultivating caring campus communities in Alberta. Originally developed by **Alberta Campus Mental Health Innovation** (an initiative carried out by the **Alberta Students Executive Council**), the tools and toolkits are learning-focused, living documents that serve to support our community of practice.

About the Complex Collaboration Toolkit

Complex collaborations are essential to promote mentally healthy campuses across Alberta. Originally developed to support Regional Hubs, collaborative groups that originated amidst the launch of the Alberta Post-Secondary Mental Health and Addictions Framework, this toolkit is adaptable to any collaboration: interdepartmental, regional, provincial, national, or international. The toolkit frames complex collaboration as a point of connection among individuals, teams or organizations with complementary skills and resources willing to collaborate on a common objective. However, creating a shared approach for mutual gain is not an easy task. The complex collaboration model has been developed to provide some insights and approaches that weave together a variety of processes and theories to enhance the effectiveness of these complex collaborations.

Who could use this toolkit?

- Coordinators of collaborations among post-secondary institutions;
- Program planners in post-secondary student services or administration;
- Mental health professionals who work with post-secondary students.

What purposes could this toolkit serve?

- Informing the initiation of complex collaborations among post-secondary institutions in Alberta;
- Supporting post-secondary stakeholders with developing inter-institutional collaborations, whether Regional Hubs or for other purposes;
- Offering helpful tools to be used in everyday practice by staff, and faculty.

Toolkit Contents

Conceptual Tools

A conceptual tool provides framing perspectives for the toolkit.

Framing Complex Collaboration

This tool outlines definitions for collaboration and complexity, and introduces frameworks to assess collaboration and complexity.

Complex Collaboration Model

This tool shows introduces the Complex Collaboration Model, a visual diagram to support complex collaborations.

Practical Tools

A practical tool is a resource that can be used in day-to-day practice.

Actioning Complex Collaboration

The Actioning Complex Collaboration tool is the first step in the Complex Collaboration Model. It shows the seven stages of collaboration and actions and resources to take at each stage.

Collaborative Learning Sessions

In between each of the seven stages of collaboration, there is space for learning and adapting. This tool gives some options for holding Collaborative Learning Sessions.

Operationalizing Complex Collaboration

The Operationalizing Complex Collaboration tool is the second step in the Complex Collaboration Model. It provides frameworks and strategies to work through challenges and ensure success.

Outcomes of Complex Collaboration

The Outcomes of Complex Collaboration tool is the final step in the Complex Collaboration Model. This resource outlines target groups and identified outcomes from pre-existing policies.

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Resources



View the rest of the [Complex Collaboration Toolkit](#)



View the [Holistic Mental Health Approaches Toolkit](#)



View the [Student Led Initiatives Toolkit](#).