## **HCA 2020 Wellness Summit**

## Moving Upstream

TIME	ACTIVITY
10:00AM 10:10AM	Welcome Keynote with Dr. Trevor Hancock
10:55AM	Break
11:05AM 11:50AM	Breakout Discussion 1 Lunch
12:20PM	Breakout Discussion 2
1:05PM	Break
1:15PM	Synthesis Activity
1:50PM	Closing