

Get support. Take control. Feel better.

If you're struggling to cope this school year, you don't have to do it alone. Togetherall offers a safe and anonymous community to connect from anywhere, at any time.

LEARN MORE



HOW CAN WE HELP?



Community

Share anonymously and get support from others like you. Accessible 24/7, our site is run by registered mental health practitioners*.



Courses

Find courses specific to your concerns. Learn how to manage your mental health and feel better.



Resources

Access a variety of free articles, tests, and techniques to take control of your well-being.

WHY USE TOGETHERALL?

- Members interact anonymously so you're free to share without fear..
- Togetherall's community is accessible and active 24/7 by phone, computer, or tablet.
- 24/7 moderation ensures that the community remains safe and supportive.

“ Togetherall gave me a place to feel safe, everyone was so supportive, it helped me through a difficult time. ”

WATCH OUR VIDEO

Learn more or register for free with your postal code at
togetherall.com

