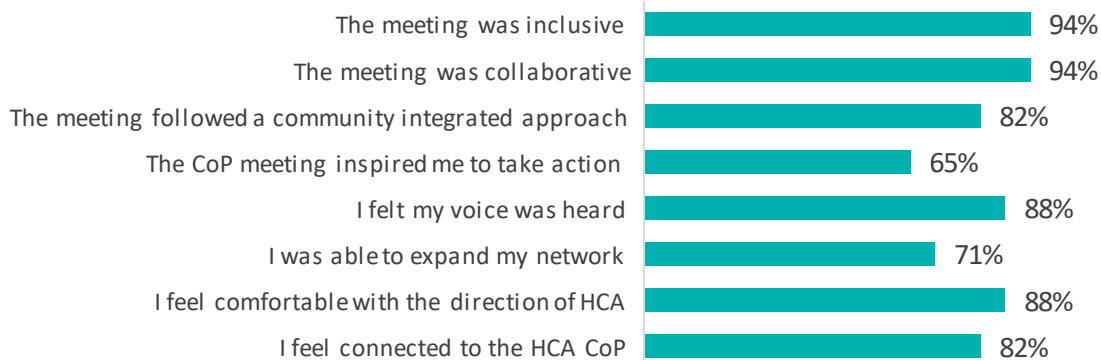


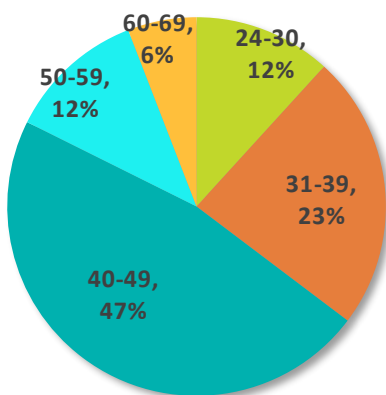
Healthy Campus Alberta 2020 Community of Practice Meeting Report

The 2020 Healthy Campus Alberta Community of Practice Virtual Meeting was held on November 5th. The meeting was attended by **36** participants from **12** Alberta campuses and **3** community organizations. It was a great opportunity to connect, experience the exchange of ideas, and gather input to inform the direction of HCA.

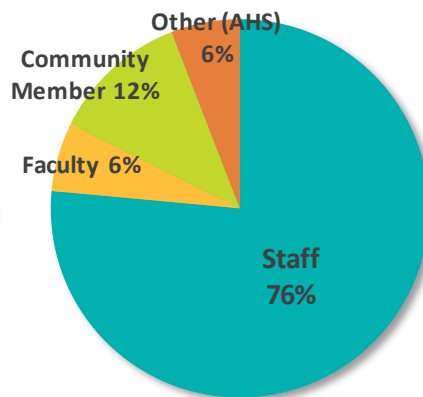
Attendees' Feedback



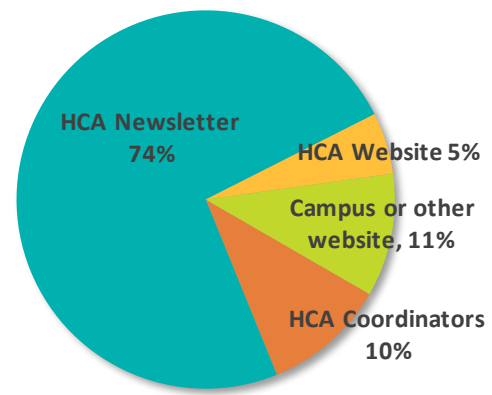
Attendees' Age



Attendees' Position



Heard About

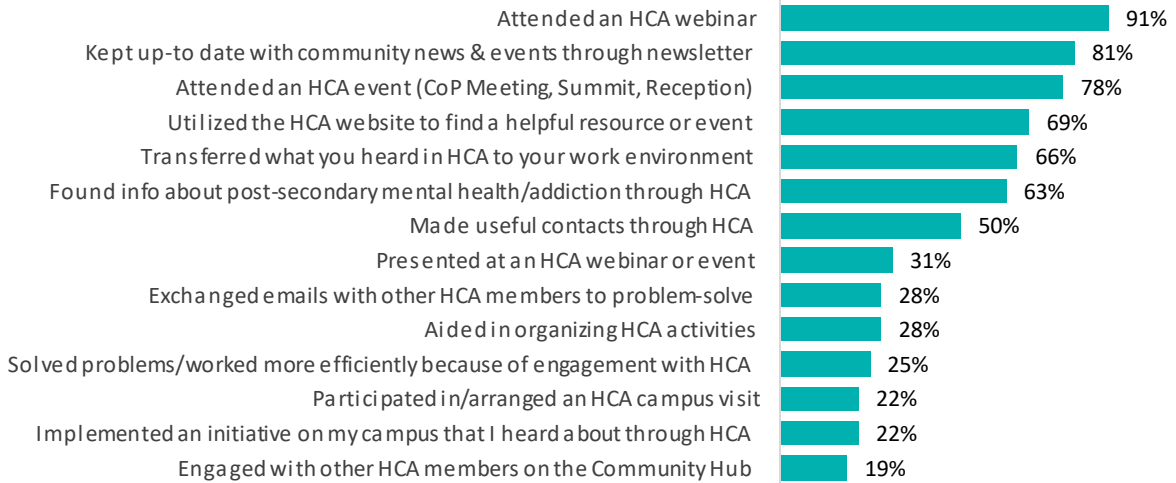


"My most significant takeaway is that there are practitioners in other PSIs that are facing the same challenges and have similar questions, and that they are thinking of solutions too."

"My most significant takeaway is that there is a strong desire for collaboration across the province."

"Just wanted to say that I found today's session particularly useful. I felt I got more out of the CoP Meeting than the other facilitated discussions in the past. Thank you for making this session happen!"

Community Members Most Meaningful HCA Activities



*Based on 32 responses to the question about most meaningful HCA activities upon registration for meeting.

Themes & Priorities

The breakout discussions at the CoP Meeting centered around two themes that attendees identified as being key priorities in their work. For a more detailed summary of breakout discussions visit: https://www.healthycampusalberta.ca/wp-content/uploads/2021/03/Breakout-Summary_CoP2020_community-1.pdf

1. Supporting Staff Wellness & Capacity

This discussion focused on sharing promising practices for remote work and promoting staff wellness in the workplace. This conversation also highlighted the importance of “big picture thinking” in cultivating supportive workplace environments, by advocating for multiple levels of support, greater role-modelling from leadership, and embedded workplace values of compassion and kindness.

2. Engaging Students and Increasing Connection Online



The elements of this conversation reflected the diversity and complexity of student experiences during COVID-19, by sharing some of the successes, challenges, lessons learned, and examples of initiatives to engage students and reduce isolation. Participants also identified unique opportunities for campuses to enhance their capacity to support students, through online communities, peer-led initiatives, and collaboration.



What's Next?
HCA Wellness Summit
June 15 -17, 2021

Join us for the annual HCA Wellness Summit.
A great opportunity to connect and learn together!



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