



April 25, 2023

Oki & greetings to the Alberta Educational Community!

Old Sun Community College would like to thank you all so kindly for your past participation in our Indigenous Mental Health Workshops hosted at Old Sun Community College in the past three years.

This year we are changing things up a bit. We have heard your voices, gathered the feedback, and reviewed past evaluations. We would like to continue this epic journey with you in continuing to equip you with the resources and tools that you have requested in the evaluations, to assist you in your service delivery for the Indigenous students of today. Your feedback has proven invaluable and we would like to ensure that we respond to your recommendations.

This year's workshop is scheduled for May 17 & 18, 2023 at the Margaret Waterchief Lodge here on campus. From previous years we understand that student mental health and well being is essential to learning and having successful outcomes. Building a student support network by providing tools and resources to educators who work closely with Indigenous students is an integral part of this process. This year's theme is, "Indigenous Student Wellness Toolkit & Resources for Educators".

At this year's conference, you will hear from current Indigenous educators on employed methodologies and strategies that have proven effective, you will learn where, how, and when to seek Indigenous resources, you will hear from current Indigenous students on what they feel is relevant to their support network. You will be provided with an updated resource list on resources that can assist you in your work of today.

Please join us again, we are certain you will gain much needed insight into current best practices and resources that are available to you to assist you in your work with Indigenous students. We look forward to hosting you. Attached is the registration form that needs to be submitted by May 12, 2023.

Sincerely,

A handwritten signature in blue ink, appearing to read "Lorelee Waterchief", with a long, sweeping underline.

Aihmonisa'ki
Lorelee Waterchief, MSW
Career/Guidance Counsellor