



Are you passionate about post-secondary mental health?

Are you a **student leader** looking for opportunities to:

- **meet others** who are passionate about campus mental health?
- **collaborate** with students and staff on post-secondary campuses across the province?
- **make an impact** on the mental health of your campus community?
- **actively shape** post-secondary mental health across Alberta?

We are looking for student leaders just like you to join the Healthy Campus Alberta Design Team.



Canadian Mental
Health Association
Alberta
Mental health for all

What is Healthy Campus Alberta?

Healthy Campus Alberta (HCA) is a **community of practice** made up of committed individuals and organizations who have a shared mission to create an **inclusive, collaborative, and community-integrated approach** to mental health and wellness on campuses.

This will be achieved through **accessible and sustainable** program ideas, **sharing** best practices and research, and fostering a culture of **support and compassion** for all post-secondary institutions across Alberta, all while recognizing their unique contexts, needs, and successes.

Members of this growing community include: students, faculty and staff, campus wellness professionals, administration, community organizations, the Government of Alberta, and a few partners from across Canada. [Learn more about the community of practice here.](#)

What is the HCA Design Team?

The Design Team (DT) represents a group of **dedicated volunteers** from a variety of institutions and organizations committed to the goal of **creating caring campus communities** throughout the province of Alberta.

As a representation of the larger Community of Practice, the Design Team exists to **provide overall direction and guidance** as well as organization of events and activities.

All work of the HCA Design Team must adapt and align with the culture of post-secondary mental health and addiction in Alberta. [You can read the guiding values of the HCA Design Team here.](#) This is done through regular evaluation of stakeholder representation on the Design Team, transparent interaction, and open communication with the community as a whole.

Purpose of the Design Team

The **purpose** of the Healthy Campus Alberta Design Team is to:

- maintain the relevance of Healthy Campus Alberta in a dynamic and changing post-secondary environment,
- reflect the values and culture of caring campus communities, and
- ensure appropriate spaces are maintained in which all HCA members from all stakeholder groups have a voice and are equitably represented.

Role of the Design Team

The **role** of the Healthy Campus Design Team is to:

- provide guidance to HCA staff on implementing the mission and vision defined by the community of practice,
- regularly communicate our knowledge, wisdom, and skills in a connective and innovative manner, and
- continually reflect on whose voice needs to be at the table.

Expectations

The Healthy Campus Design Team is **responsible for**:

- synthesizing incoming/outgoing knowledge related to post-secondary mental health from/to each owns larger network,
- sharing/receiving information from other members of the design team, and
- maintaining engagement in a participatory manner in design team meetings.

Design Team members are also expected to be conversant with and in strong support of HCA's mission and vision, and to be a locally engaged member of the CoP.

Membership

The membership of the Healthy Campus Alberta Community of Practice Design Team consists of a **broad representation** of the organizations and institutions that make up the community. You can see a list of the **[current Design Team members here](#)**. In order to ensure a diverse representation, we may limit the number of participants from a particular organization.

We will seek to have a minimum of 2 student positions on the team at all times. Members will commit to a term of 2 years. **Student members will commit to a term of 1 year, running from September/October 2023 to June 2024.** The Healthy Campus Alberta Coordinator(s) and staff team hold a permanent position on the Design Team and serve as facilitators.

Accountability

The Design Team is accountable to the greater **Community of Practice** and the **Canadian Mental Health Association - Alberta Division**. Regular reports are provided to keep the Community and CMHA-AB up to date.

Meetings

Design Team meetings occur on the **every 4-6 weeks**. These meetings are 90 minutes in duration and allow for remote attendance. The Design Team also meets annually for an in-person, more robust conversation. These meetings are longer (e.g. half a day) and generally co-occur with an in-person gathering of the community of practice (e.g. HCA Wellness Summit). Additional meetings may be called if needed.

Application and Selection

Interested individuals apply by completing the application form.

A selection committee of current design team members and Healthy Campus Alberta staff will collect and review applications.

Applications are due for submission by August 29th, 2023.

This committee will then interview potential candidates and provide recommendations to the design team for selection. A strong candidate for the Design Team is **engaged** in conversations about student mental health, **open** to other perspectives, and has an **understanding** of the provincial landscape. The committee's recommendations will take into consideration the desire for:

- representation of CoP diversity across institutions (in type [e.g., university/college/technical institute], size, or situation [e.g., urban/rural; largely commuter/residential])
- inclusion of CoP diversity among individual members (in sector [e.g., student/professional other aspect [e.g., gender, age, culture]])
- both continuity and inclusion of new and varied perspectives

Selected candidates will be notified by September 15th, 2023.

Interested? Apply now!

Complete the [application form here by August 29th, 2023](#).

If you have any questions, please contact us at hcaadmin@cmha.ab.ca.