

Healthy Campus Alberta

2025 Wellness Summit

Reimagining Campus Culture

Tuesday, June 17th, University of Calgary

TIME	ACTIVITY
8:30 AM	Breakfast and Registration
9:30 AM	Opening the Summit in a Good Way
10:15 AM	Connection Activity
10:30 AM	Break
10:45 AM	Concurrent Session 1
12:00 PM	Lunch
1:00 PM	Concurrent Session 2
2:00 PM	Break
2:15 PM	UCalgary Research and Knowledge Hub
3:45 PM	Share and Celebrate
4:00 PM	Break
4:30 PM	Summit Dinner and Celebration, hosted by ROC



Canadian Mental
Health Association
Alberta
Mental health for all

Healthy Campus Alberta 2025 Wellness Summit

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Wednesday, June 18th, University of Calgary

TIME	ACTIVITY
8:30 AM	Welcome/Breakfast and Day-1 Recap
9:00 AM	Concurrent Session 3
10:00 AM	Break and connection time
10:30 AM	Concurrent Session 4
11:30 AM	Collaboration Session
12:30PM	Lunch
1:30 PM	Keynote - Dr. Michael Ungar
2:30 PM	Share and Celebrate & Closing Remarks



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