

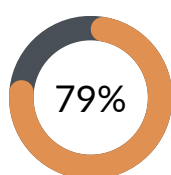


HEALTHY CAMPUS ALBERTA

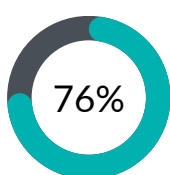
HCA COMMUNITY IMPACT

Results of the HCA 2025 Community Impact Survey

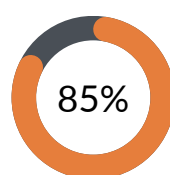
In June 2025, we shared the HCA Community Impact Survey, asking the Healthy Campus Alberta community of practice how being engaged with HCA had impacted them. A total of 57 participants responded, an increase of 43% response rate from 2024. The summary below represents the responses from those who completed the survey. The community impact results help inform the direction and facilitation of HCA.



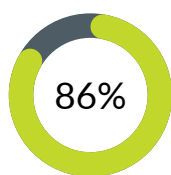
79% say they **agree** or **strongly agree** that when HCA meets, they learn something new



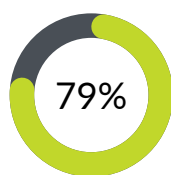
76% were able to make useful contacts through HCA



85% say they **agree** or **strongly agree** that HCA has provided useful resources

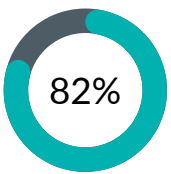


86% were able to transfer what they heard in HCA to their work environment

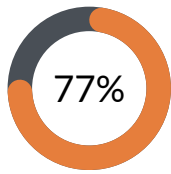


79% **agree** or **strongly agree** that HCA has contributed to the enhancement of student care

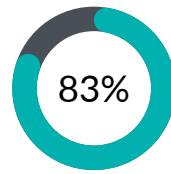
HCA COMMUNITY OF PRACTICE MEMBERS FOUND INFORMATION THAT RESONATED WITH THEIR EVERYDAY PRACTICE.



85% say they **agree** or **strongly agree** that HCA increased their awareness about campus initiatives across Alberta



77% say they **agree** or **strongly agree** that HCA has contributed to changing the culture of Alberta campuses



83% say they **agree** or **strongly agree** that HCA has contributed to new ways of providing care for post-secondary mental health and addiction

THE HCA ACTIVITIES YOU HAVE FOUND MOST MEANINGFUL.

“I enjoyed the Student Lunch I attended. I learned a few tips on managing stress”

“I only attended Summit and it was amazing platform to get connected with many people and share ideas.”

“The regional gathering was very helpful for connections and ideas.”

“HCA summit as it is such an inspirational event. I always leave with more ideas and collaborative network contacts!”

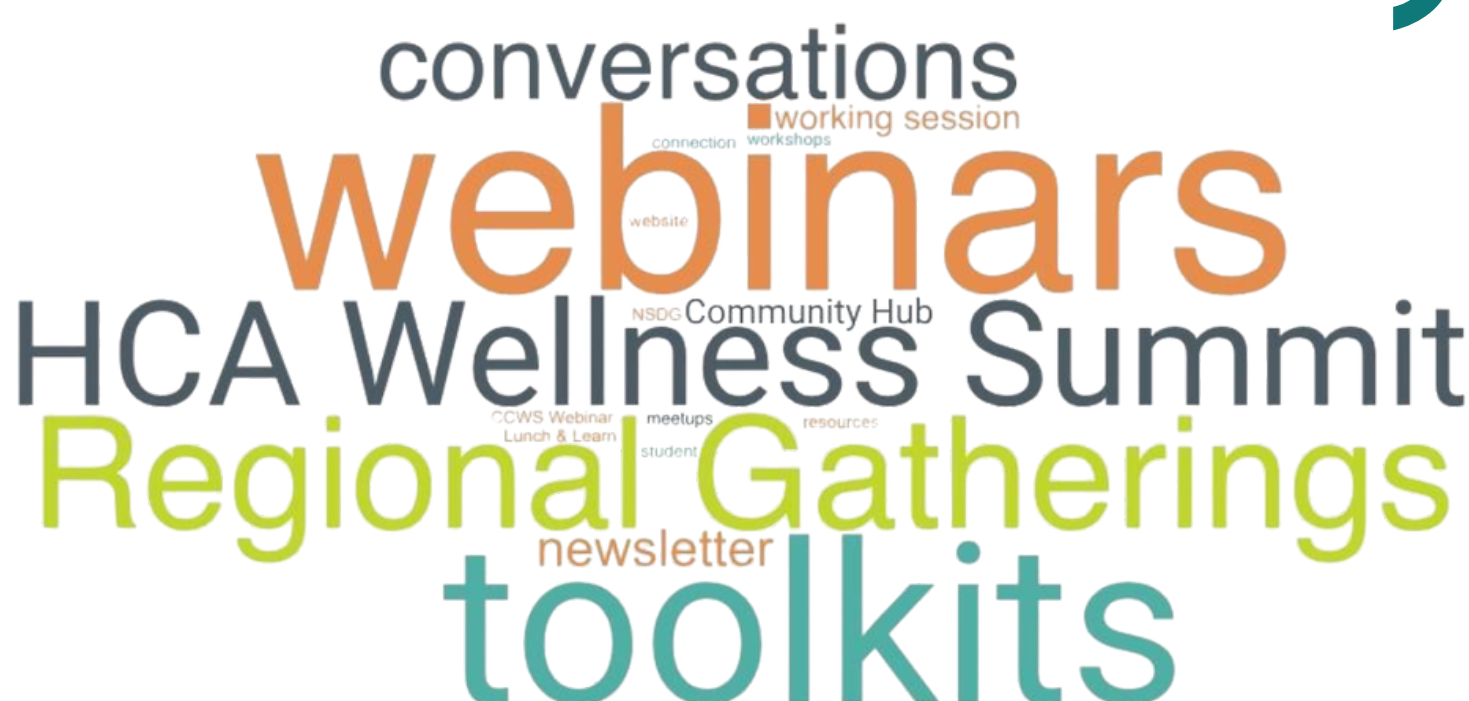


“Any of the in-person programming has been super useful mostly in helping me create connections with the post-secondaries as connecting with them is a main part of my work!”

“The toolkits are great references. I find the regional gatherings a great place for networking with other small colleges.”

“HCA summit, great way to interact with other HCA members.”

“Webinars and the related toolkits to understand more about how to handle trauma and emotional situations to help students.”



Word cloud represents most commonly mentioned meaningful HCA activities.

THE COMMUNITY OF PRACTICE VALUES RELATIONSHIPS AND SHARED EXPERIENCES WITH OTHER CAMPUSES

The HCA community of practice is comprised of members across all 26 publicly funded Alberta postsecondary institutions, 5 First Nations colleges, and community organizations.



88% say they are motivated to share resources



77% **agree** or **strongly agree** that they feel a sense of belonging in the CoP



81% **agree** or **strongly agree** that HCA has contributed to feelings of connectedness to the community

“There were many opportunities to be part of the community and glean greater insights into the information and tools HCA had to share.”

“I greatly appreciate the opportunities that HCA provides to network with other members of the community. It has been essential for sharing ideas as we have implemented the National Standard on our campus.”

“One way HCA has been valuable to me this past academic year was through attending the HCA Summit. It provided an excellent opportunity to connect with colleagues across the province, gain new insights into best practices in campus mental health, and bring back ideas that I could apply directly in my work with students. The sessions were informative and inspiring.”

“It was very meaningful to understand and see what kind of work has been happening in different universities/companies/initiatives across the province.”

“The connections I have made through HCA have been so inspiring and beneficial to supporting the work I am trying to do on my campus.”



WHAT ARE THE NEXT STEPS?

Get involved with HCA by signing up for the newsletter, attending webinars and events, finding resources on the website, making connections on the community hub or inviting HCA to your campus!

Visit the HCA website for more information at www.healthycampusalberta.ca